

BEFORE THE WALK

- DON'T FEED THEM ALL OF THEIR BREAKFAST, IF BISCUIT FED, THEN TAKE HALF AND PUT IT IN YOUR POCKET.
- FIND THEIR FAVOURITE TOY AND POP THAT IN YOUR POCKET ALSO.
- BEFORE LEAVING THE HOUSE, ASK THEM TO SIT AND TRY TO ONLY ASK THEM ONCE AND WAIT
- WHEN THEY SIT, THEN YOU CAN START TO OPEN THE DOOR - **PATIENCE**
- IF THEY PULL ON THE LEAD, STOP AND WAIT FOR THEM TO LOOK AT YOU, WHEN THEY DO, DROP A BISCUIT BY YOUR FOOT
- REPEAT THIS 5/6 TIMES, THEN GO ON YOUR WALK -**FOCUS**

WHILST ON THE WALK

- LET THEM SNIFF THE FLOOR, THIS IS THEIR DAILY NEWSPAPER READING- **MENTAL STIMULATION**
- GET TO THE PARK/ QUIET AREA AND ENCOURAGE THEM TO PLAY WITH YOU AND THE TOY - **LISTENS MORE**
- KEEP THE ATTENTION ON YOU
- USE THE FOOD AND THROW IT FOR THEM TO FIND WITH THEIR NOSES, KEEP IT SIMPLE TO START WITH
- PLAY THIS FOR TWO FIVE MINUTE SESSIONS
- TRY TO KEEP QUIET AS OFTEN AS POSSIBLE, LET THEM THINK

WHEN YOU GET HOME

- SAVE A HANDFUL OF THE FOOD FROM YOUR POCKET FOR WHEN YOU GET HOME
- RELEASE THE LEAD/ HARNESS AND SAY BED WHILST POINTING TO WHERE IT IS
- WALK STRAIGHT TO THE BED
- **DO NOT LOOK AT THEM**
- WAIT AT THE BED UNTIL THEY GET THERE
- WHEN THEY DO, SCATTER THE FOOD ON THE BED
- WALK AWAY

REPEAT DAILY AND YOU WILL SOON SEE THEM 'GET IT'

High Peak Dogs

WALKING TIP SHEET

